TESDA-OP-QSO-02-F07 Rev, No. 00 03/01/17

| Reference. No. | | | | | | | | | | | | | | | | | |
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SELF ASSESSMENT GUIDE

| Units of Competency | | | | | | | | | | |
|------------------------|---|-----|----------|--|--|--|--|--|--|--|
| | ach of the questions in the left-hand column of check in the appropriate box opposite each qu | | icate yo | | | | | | | |
| Can I? | | YES | NO | | | | | | | |
| Plan garm | ent design of casual apparel | | | | | | | | | |
| Take body | measurements of client | | | | | | | | | |
| Select and accessorie | l prepare garment tools, accents and | | | | | | | | | |
| • Draft and r | manipulate basic pattern * | | | | | | | | | |
| Cut final parts | attern of casual apparel * | | | | | | | | | |
| • Lay-out a the fabric | nd pin patterns according to the grain line of | | | | | | | | | |
| • Trace draf | ted pattern on the material/fabric | | | | | | | | | |
| • Cut the fa | bric * | | | | | | | | | |
| Prepare se | ewing machine for operation | | | | | | | | | |
| • Sew and a | ssemble garment parts of casual apparel * | | | | | | | | | |
| Alter/ mod | ify completed casual apparel | | | | | | | | | |
| Apply finis | hing touches on the casual apparel | | | | | | | | | |
| • Trim exces | ss threads of casual apparel | | | | | | | | | |
| Press finis | hed casual apparel | | | | | | | | | |
| Pack the fi | nished garment | | | | | | | | | |
| Observe s | afe work procedures | | | | | | | | | |
| Perform h | ousekeeping activities | | | | | | | | | |

by concerned assessment personnel and my manager/supervisor.

| Candidate's Signature: | Date: |
|------------------------|-------|
|------------------------|-------|

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SELF ASSESSMENT GUIDE

| Qualification: TAILORING NC II | | | | | | | | | | |
|--|--|-------------|------------|--|--|--|--|--|--|--|
| COC 1 Draft and Cut Pattern for Men's Casual Apparel | | | | | | | | | | |
| | of the questions in the left-hand column o eck in the appropriate box opposite each o | | dicate you | | | | | | | |
| Can I? | | YES | NO | | | | | | | |
| Determine cust | omer's job requirements | | | | | | | | | |
| Discuss and se client | lect design, fabric and special needs of | | | | | | | | | |
| Interpret garme | ent design* | | | | | | | | | |
| Prepare/select | measuring and drafting tools | | | | | | | | | |
| Use measuring | and drafting tools correctly | | | | | | | | | |
| Take and recor | d body measurements in sequence* | | | | | | | | | |
| Follow correct p | position in taking body measurements | | | | | | | | | |
| Draft basic/bloc | ck pattern* | | | | | | | | | |
| Manipulate bas | ic/block pattern* | | | | | | | | | |
| • Label, fill and s | ecure final patterns | | | | | | | | | |
| Cut final pattern | n | | | | | | | | | |
| only be used for | take assessment in the knowledge that inf professional development purposes and ssessment personnel and my manager/sup | can only be | | | | | | | | |
| Candidate's Sigr | nature: | Date: | | | | | | | | |

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SELF-ASSESSMENT GUIDE

| Qualification: | TAILORING NC II | | |
|--|---|-----|-----------|
| COC 2 | PAREL | | |
| | ne questions in the left-hand column of the on the appropriate box opposite each question | | cate your |
| Can I? | | YES | NO |
| Interpret garment | t design/style* | | |
| Check fabrics qua marking requirem | ality, widths, faults, selvedge's and nents | | |
| • Soak, drip dry an | d press fabrics* | | |
| | re garment accents and accessories, neasuring, tracing/marking and cutting | | |
| Lay-out and pin p | patterns on the fabric * | | |
| Trace/mark all lin garment* | e needed for construction of the | | |
| Manipulate and p | osition pattern pieces * | | |
| Mark seam allow | ances and darts on the fabric | | |
| • Cut fabrics with a | Illowance * | | |
| Check garment p | arts completeness | | |
| Identify basic cha materials | aracteristics of fabric and other sewing | | |
| Set-up and adjus formation and ter | t sewing machine for desired stitch | | |
| Clean and lubrica manufacturer's sp | ate sewing machine parts according to pecifications | | |
| Perform basic se | wing machine operation * | | |

| • | Follow health and safety policies for machine operations | | | | | | | | | |
|----|--|-------|--|--|--|--|--|--|--|--|
| • | Sew and assemble garment parts such sleeves, collar, pockets, waistband etc. | | | | | | | | | |
| • | Select and prepare garment accents and accessories | | | | | | | | | |
| • | Conduct initial and final fitting with the client * | | | | | | | | | |
| wi | I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor. | | | | | | | | | |
| Са | ndidate's Signature: | Date: | | | | | | | | |
| | | | | | | | | | | |